

Christian and Coaching

As a Coach and a Christian I once wondered what Christian coaching meant.

Was I denying the power of God by being coached and/or being a coach?

The Bible distinctly tells us to seek only the counsel of other Christians.

So, being Christian and a Coach places me in a professional position to be available to those Christians who value the support and development that coaching services offer to the individual and the group.

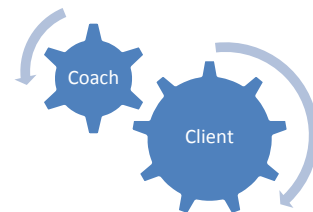
What is the difference between secular coaching and Christian coaching?

Christian coaching is Christ-centred. Within Christian coaching, there is a three-way relationship between client, coach and Holy Spirit. ¹



Christian Coaching

...Secular coaching is often humanistic and relies on the client's self-imposed goals. Secular coaching involves a two-way relationship between coach and client ²



Secular Coaching

What do you receive from a Christian Coach? You receive services provided by a practice of ethics based on Christian values by a Bible-based Christian.

As a Christian receiving coaching from a Christian you are receiving services from someone else who understands the benefits and challenges of being Christian in these times and contexts.

If you would like to try the difference, call us or email us for a free sample session and if you notice the difference engage us to continue working with you on the next chapter of your journey.